



# FIRST RESPONDER FELLOWSHIP SUPPORT GROUPS

A confidential community for first responders and public safety to share their experiences, strength, hope, and healing from the challenges they face.



**IN-PERSON**

## **CAMARILLO**

Wednesdays  
6:30 PM - 7:30 PM PT  
Gary 210.289.9791 | Tom 805.427.5685

## **LA JOLLA**

Wednesdays  
9:30 AM - 11:00 AM PT  
Tom 619.806.3037

## **RIALTO**

Thursdays  
7:00 PM - 8:00 PM PT  
Rich 909.770.3069

## **SAN DIEGO AA MEETING**

Tuesdays  
7:00 PM - 8:00 PM PT  
Steve 858.337.9771



**ONLINE**

## **SUNDAYS**

7:00 PM - 8:00 PM PT  
Mike K. 760.224.6631

## **MONDAYS**

7:00 PM - 8:00 PM PT  
Chadwick 208.329.3144

## **TUESDAYS**

7:00 PM - 8:00 PM MT  
Brandon 719.237.8166

## **WEDNESDAYS**

7:00 PM - 8:00 PM PT  
Steve 757.449.0738

## **THURSDAYS**

7:00 PM - 8:00 PM PT  
Chadwick 208.329.3144

## **FIRST THURSDAY OF THE MONTH SIGNIFICANT OTHERS**

7:00 PM - 8:00 PM PT  
Patti C. 858.663.3089

These groups are exclusive to first responders or their families. If you would like more information on starting a support group in your area, please email [info@frhealth.com](mailto:info@frhealth.com).

**SCAN CODE FOR  
MORE INFORMATION**

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