



FIRST RESPONDER FELLOWSHIP SUPPORT GROUPS

A confidential community for first responders and public safety to share experiences, strength, hope, and healing from the challenges we face.



IN-PERSON

CAMARILLO SUPPORT GROUP

Wednesdays
6:30 PM - 7:30 PM PT
Gary 210.289.9791 | Tom 805.427.5685

LA JOLLA SUPPORT GROUP

Wednesdays
9:30 AM - 11:00 AM PT
Jared 619.414.6216 | Tom 619.306.3037

RIALTO SUPPORT GROUP

Thursdays
7:00 PM - 8:00 PM PT
Rich 909.770.3069

SAN DIEGO AA MEETING

Tuesdays
7:00 PM - 8:00 PM PT
Steve 858.337.9771



ONLINE - ZOOM

SUNDAYS - ZOOM

7:00 PM - 8:00 PM PT
Mike K. 760.224.6631

MONDAYS - ZOOM

7:00 PM - 8:00 PM PT
Chadwick 208.329.3144

TUESDAYS - ZOOM

7:00 PM - 8:00 PM MT
Brandon 719.237.8166

WEDNESDAYS - ZOOM

7:00 PM - 8:00 PM PT
Steve 757.449.0738

WEDNESDAYS - ZOOM

WOMEN'S GROUP

7:00 PM - 8:00 PM PT
Tricia 253.753.4459

THURSDAYS - ZOOM

7:00 PM - 8:00 PM PT
Chadwick 208.329.3144

THURSDAYS - ZOOM SIGNIFICANT OTHERS SUPPORT

First Thursday of the Month
7:00 PM - 8:00 PM PT
Patti C. 858.663.3089

These groups are exclusive to first responders. If you would like more information on starting a support group in your area, please email info@frhealth.com.

**SCAN CODE FOR
MORE INFORMATION**

