



# FIRST RESPONDER FELLOWSHIP SUPPORT GROUPS

A confidential and safe place for first responders and public safety to share experience, strength, hope and healing from the traumas we face.

## CAMARILLO

Wednesdays  
6:30 PM - 7:30 PM PT  
Eric 805.304.7436 | Tom 805.427.5685

## CASPER, WY

Thursdays  
7:00 PM - 8:00 PM MT  
Zach 307.315.7183

## FIRST RESPONDER FELLOWSHIP - ZOOM

Tuesdays  
6:00 PM - 7:00 PM PT / 7:00 PM - 8:00 PM MT  
Brandon 719.237.8166

## HOLLISTER

Tuesdays  
12:00 PM - 1:00 PM PT  
Mark 831.313.2185 | Charlie 831.801.5438

## LA JOLLA

Wednesdays  
9:30 AM - 11:00 AM PT  
Jared 619.414.6216 | Bill 619.818.4250  
Chris 858.775.4060

## RIALTO

Thursdays  
7:00 PM - 8:00 PM PT  
Rich 909.683.1447 | Eddie 909.915.9535  
Art 909.264.7102

## SAN CLEMENTE

Thursdays  
9:30 AM - 11:00 AM PT  
Jared C. 619.414.6216

## WOMEN'S GROUP - ZOOM

Wednesdays  
7:00 PM - 8:00 PM PT  
Tricia 253.753.4459

## SIGNIFICANT OTHER SUPPORT - ZOOM

Contact for information  
Patti C. 858.663.3089

## SCAN CODE FOR MORE INFORMATION

These groups are made up of 100% first responders. If you would like more information on setting up a support group in your area, please email [info@frhealth.com](mailto:info@frhealth.com).

