



FIRST RESPONDER FELLOWSHIP SUPPORT GROUPS

A confidential and safe place for first responders and public safety to share experience, strength, hope and healing from the traumas we face.

CAMARILLO

Wednesdays

6:30 PM - 7:30 PM PT

Eric 805.304.7436 | Tom 805.427.5685

CASPER, WY

Thursdays

7:00 PM - 8:00 PM MT

Zach 307.315.7183

HOLLISTER

Tuesdays

12:00 PM - 1:00 PM PT

Mark 831.313.2185 | Charlie 831.801.5438

LA JOLLA

Wednesdays

9:30 AM - 11:00 AM PT

Jared 619.414.6216 | Bill 619.818.4250

Chris 858.775.4060

ORANGE COUNTY - ZOOM

1st and 3rd Thursdays

7:00 PM - 8:00 PM PT

Cassie 714.485.5328

RIALTO

Thursdays

7:00 PM - 8:00 PM PT

Rich 909.683.1447 | Eddie 909.915.9535

Art 909.264.7102

RIVERSIDE - ZOOM

Mondays

6:00 PM - 7:00 PM PT

Heather 209.628.5364

ROCK MOUNTAIN - ZOOM

Tuesdays

7:00 PM - 8:00 PM MT

Brandon 719.237.8166

SAN CLEMENTE

Thursdays

9:30 AM - 11:00 AM PT

Jared C. 619.414.6216

SAN DIEGO - ZOOM

Wednesdays

7:45 PM - 9:00 PM PT

Mike 858.366.2799 | Matt 774.269.6974

WOMEN'S GROUP - ZOOM

Wednesdays

7:00 PM - 8:00 PM PT

Tricia 253.753.4459

SIGNIFICANT OTHER SUPPORT - ZOOM

Contact for information

Patti C. 858.663.3089

SCAN CODE FOR MORE INFORMATION

These groups are made up of 100% first responders. If you would like more information on setting up a support group in your area, please email cassie.sexton@frhealth.com.

